



Community Connections TimeBank

Impact of the Study Coach Project on Students and Families

Research Results July, 2010

Overview: The Study Coach Project, funded by the Rockefeller Brothers Fund, matched students in need with a one-on-one Study Coach. Coaches worked privately and consistently with the student and the parents/guardians. Thirty out of thirty-two students who received Study Coach Services were reached and participated in this study. Coaches worked with their students anywhere from two to 12 months. Many of the families are new to this country and are facing language and adjustment challenges.

Improvements in Academic Performance



Since most of the students attended public schools, we utilized their grading system (based on a scale of 1 to 4) to evaluate the impact of the Study Coach services on academic performance. Baseline and follow-up data was collected. Upon joining, many students were evaluated as “promotion in doubt.” After the program, all were promoted to the next grade.

Reading

- 45% improved or greatly improved
- 46% maintained the same grade
- 8% showed a decrease

Writing

- 61% improved or greatly improved
- 35% maintained the same grade
- 4% showed a decrease

Mathematics

- 41% improved or greatly improved
- 58% maintained the same grade
- 0% showed a decrease

Science

- 33% improved or greatly improved
- 67% maintained the same grade
- 0% showed a decrease

Social Studies

- 48% improved or greatly improved
- 43% maintained the same grade
- 9% showed a decrease

Testimonials

“When the coach began working with Jonathan, his handwriting was illegible. Now he writes clearly. He was evaluated as ‘promotion in doubt’ but thanks to help from the coach he passed grade level.”

“The coach is wonderful, punctual, caring considerate and helpful. The teacher saw an improvement within two weeks. Chelsy made “Student of the Week” and the teacher said she is more verbal and less inhibited.”

“The teacher told me that Alba was not at grade level for reading comprehension. The coach focused on this in her sessions and she is now at grade level.”

“Kenia has gone above and beyond the call of duty to help. Amanda and Veronica were evaluated as ‘promotion in doubt’ but passed to the next grade level.”



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Improvements in Attitude, Confidence, Organization and Managing Coursework

In addition to improving academic performance, the Study Coach Project aimed to boost self-esteem, enthusiasm toward learning and management of coursework.

Attitude toward School

- 73% improved or greatly improved
- 27% stayed the same
- 0% worsened

Organization

- 63% improved or greatly improved
- 37% stayed the same
- 0% worsened

Confidence with Coursework

- 77% improved or greatly improved
- 23% stayed the same
- 0% worsened

Managing Coursework

- 83% improved or greatly improved
- 17% stayed the same
- 0% worsened

Testimonials

“The Study Coach was fantastic. We love her. My son really learned with Ann especially how to read instructions, follow directions, and complete assignments. He really learned to work independently.”

“My son’s teachers have said he has improved in his school work, especially when it came to his confidence level. His listening and speaking grade improved.”

Helpfulness and Continued Work with Study Coaches

At least 10 students will continue receiving Study Coach services throughout the summer. Most of the others will resume in the fall. In one case, a 14-year-old math whiz will be working with a student three times per week over the summer.

Helpfulness

- 73% of parents thought it was helpful or very helpful
- 27% thought it was somewhat helpful
- 0% thought it was not helpful

Continuation

- 87% of parents would like to continue receiving the Study Coach
- 7% said they are unsure
- 7% said they would not be able to continue

Testimonials

“The Study Coach help has been an enormous benefit. We recently arrived from another country and I can’t help my daughter because I don’t speak the language. I feel privileged to be part of the TimeBank and get the Study Coach help.”

“Our coach Alejandro is supportive and friendly, yet very professional. I am a single mother and work nights. The help the TimeBank has given me has been invaluable.”

