



Dr. Adi Philpott, Osteopathy 846-0728

Hypnotherapy,
EFT (Emotional Freedom Technique),
~ Quantum Touch Technique

Dr. Adi Philpott seeks to be a benefit to those seeking gentle, safe alternative methods of treating a variety of health and performance concerns.



Aikido of Maine (207) 879-9207

Aikido Lessons – Aikido of Maine’s mission is to create the environment for Aikido training as passed down by the founder, Morihei Ueshiba, to provide the opportunity for personal growth and development of a strong community.

gary@aikidoofmaine.com



Birth Roots (207) 329-5377

Child Birth Education, Doula Services, Pregnancy Resource Counseling – Birth Roots is devoted to removing the financial barriers that families face when making decisions about child birth and parenting support options.

info@ourbirthroots.org for Emily Murray



Back Cove Midwives (207) 871-0666

Gynecological Exams, Health Care and Family Planning, Obstetrics - The philosophy of our practice is to engage you where you are in your life, as a woman. We provide full well woman care, including care for the childbearing family. Our practice encompasses women at all stages of development. We strive to provide a comfortable, intimate, and caring atmosphere where you can ask questions and feel honored for who you are.

www.backcovemidwives.com
Ext. 5 for Debby McGin