

# Eight Forms of Currency

Capital	Currency	Complexing to...
Social Capital	<i>Connections</i>	<i>influence, relationships</i>
Material Capital	<i>Materials; "natural" resources</i>	<i>tools, buildings, infrastructure</i>
Financial Capital	<i>Money</i>	<i>financial instruments &amp; securities</i>
Living Capital	<i>Carbon, Nitrogen, Water</i>	<i>soil, living organisms, land, ecosystem services</i>
Intellectual Capital	<i>Ideas, Knowledge</i>	<i>words, images, "intellectual property"</i>
Experiential Capital	<i>Action</i>	<i>embodied experience, wisdom</i>
Spiritual Capital	<i>Prayer, Intention; Faith, Karma</i>	<i>spiritual attainment</i>
Cultural Capital	<i>Song, Story, Ritual</i>	<i>community</i>

Ethan Roland & Gregory Landue c2011 From Appleseed Permaculture—Financial Permaculture