The Hour Exchange Way  “Neighbors Helping Neighbors”

Stanley joins Hour Exchange and lists the skills he has and the things he needs.

Martha, an Hour Exchange Member, calls to have someone do her grocery shopping.

Stanley goes shopping for Martha and earns two Hours.

Raoul spends his Hours having Roberta help Dustin with his reading.

Kathy earns Hours cleaning Martha’s house.

She then spends her Hours having Stanley rake her yard.

Martha then knits Roberta an afghan and earns Hours.

Stanley gets his Exchange statement in the mail.

What will Stanley spend his Hours on next?

To be continued..

<table>
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<tr>
<th>Date</th>
<th>Service</th>
<th>Member</th>
<th>Debit</th>
<th>Credit</th>
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<tr>
<td>10/15/06</td>
<td>Grocery Shopping</td>
<td>Martha Moss</td>
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<tr>
<td>10/22/06</td>
<td>Entertainment</td>
<td>Raoul Sanchez</td>
<td>1.00</td>
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<td>10/29/06</td>
<td>Yard Work</td>
<td>Kathy Kane</td>
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Stanley spends his Hours having Raoul provide entertainment for his monthly gathering and……..

Conceptual design by Dr. Richard Rockefeller; Original drawing by Robin Lake of Portland Time Bank. Given to TBUSA for replication.