The Hour Exchange Way “Neighbors Helping Neighbors”

Stanley joins Hour Exchange and lists the skills he has and the things he needs.

Martha, an Hour Exchange Member, calls to have someone do her grocery shopping.

Hour Exchange Portland
85 Grant Street
Portland Me 04101 (207) 874-9868

QUARTERLY STATEMENT

<table>
<thead>
<tr>
<th>Date</th>
<th>Service</th>
<th>Member</th>
<th>Debit</th>
<th>Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/15/06</td>
<td>Grocery Shopping</td>
<td>Martha Moss</td>
<td>2.00</td>
<td></td>
</tr>
<tr>
<td>10/22/06</td>
<td>Entertainment</td>
<td>Raoul Sanchez</td>
<td>1.00</td>
<td></td>
</tr>
<tr>
<td>10/29/06</td>
<td>Yard Work</td>
<td>Kathy Kane</td>
<td>2.00</td>
<td></td>
</tr>
</tbody>
</table>

Stanley gets his Exchange statement in the mail.

She then spends her Hours having Stanley rake her yard.

Kathy earns Hours cleaning Martha’s house.

Martha then knits Roberta an afghan and earns Hours.

Stanley spends his Hours having Raoul provide entertainment for his monthly gathering and……..

Raoul spends his Hours having Roberta help Dustin with his reading.

Start here

To be continued..